



MOSAIC'S PEER CAFE PRESENTS



The International Student Enhanced Safety Guide

Acknowledgments

THE INTERNATIONAL STUDENTS ACCESSING INFORMATION AND EDUCATION (ISAFE) PROJECT ADDRESSES SEXUAL VIOLENCE AGAINST INTERNATIONAL STUDENTS.

THE INITIATIVE WORKS TOWARDS INCREASING AWARENESS OF SEXUAL ASSAULT AND KNOWLEDGE FOR INTERNATIONAL STUDENTS TO IMPLEMENT TOOLS TO KEEP THEMSELVES SAFE, SUPPORT THEIR PEER'S VICTIMS/SURVIVORS OF SEXUAL ASSAULT AND TO INCREASE THEIR CAPACITY TO PREVENT AND RESPOND TO THE CRIME.

IF YOU ARE AN INTERNATIONAL STUDENT WHO WANTS TO LEARN ABOUT IMMIGRATION POLICIES, SEXUAL ASSAULT AND CONSENT, HOW TO SUPPORT YOUR PEERS, POLICE/HOSPITAL PROTOCOLS, REPORTING AND DISCLOSING, AND WHAT RESOURCES ARE ACCESSIBLE, THIS GUIDE IS FOR YOU.

EDUCATE YOURSELF AND SUPPORT YOUR PEERS!

THIS IS AN UPDATED VERSION FOR 2021.

FUNDED BY:




MOAIC'S VANCOUVER OFFICES OPERATE ON THE UNCEDED, TRADITIONAL AND STOLEN TERRITORIES OF THE MUSQUEAM, SQUAMISH, AND TSLEIL-WAUTUTH FIRST NATIONS. WE WOULD LIKE TO THANK THEM FOR ALLOWING US TO WORK, PLAY AND LEARN ON THEIR LAND.





Table of Contents

- 1. International Students***
 - 2. Consent***
 - 3. Sexual Violence + Rape Culture***
 - 4. Disclosing + Reporting***
 - 5. Being more than a Bystander***
 - 6. Technology-Facilitated Violence***
 - 7. Relationships & Gender-Based Violence***
 - 8. Safety Planning & Transition Houses***
 - 9. Resources***
- 



International Students



Who are International Students?



INTERNATIONAL STUDENTS REQUIRE A STUDY PERMIT TO STUDY AT A DESIGNATED LEARNING INSTITUTION (A SCHOOL APPROVED BY A PROVINCIAL/TERRITORIAL GOVERNMENT) FOR A PROGRAM 6 MONTHS OR LONGER.

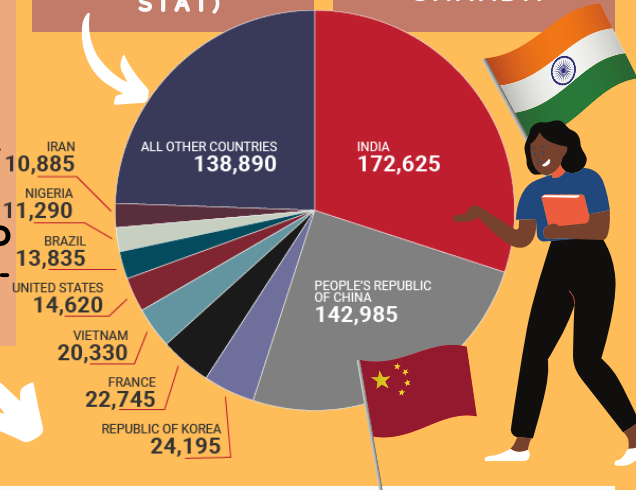


STUDY PERMIT =
STATUS DOCUMENT
STUDENT VISA =
THE TRAVEL DOCUMENT
THAT ALLOWS ONE TO
BOARD A PLANE BACK TO
CANADA IF FROM A VISA-
REQUIRING COUNTRY

INTERNATIONAL STUDENTS ARE FOREIGN NATIONALS, WHO MAY BE TEMPORARY RESIDENTS, REFUGEE CLAIMANTS, OR INDIVIDUALS WITHOUT IMMIGRATION STATUS.

MORE THAN 50% OF CANADA'S INTERNATIONAL STUDENTS COME FROM TWO COUNTRIES, INDIA AND CHINA (2018 STAT)

AS OF DECEMBER 31, 2019 THERE WERE 642,480 INTERNATIONAL STUDENTS IN CANADA



COVID-19
IMPLICATIONS
ON
INTERNATIONAL
STUDENTS

HAS LED TO TRAVEL RESTRICTIONS AND DELAYS IN THE PROCESSING OF STUDENT VISAS AND STUDY PERMIT APPLICATIONS

Important Information to remember as an International Student

**KNOW AND
COMPLY WITH
THE CONDITIONS
SET IN YOUR
STUDY PERMIT**

**FAILING TO COMPLY
CAN AFFECT YOUR
ABILITY TO BECOME A
PERMANENT RESIDENT
ONCE YOU HAVE
FINISHED SCHOOL**

**KEEP THE CANADIAN
IMMIGRATION INFORMED
OF ANY CHANGES (EX.
LEAVE OF ABSENCE)**



**IT ISN'T UNTIL
APPROXIMATELY
3 MONTHS AFTER
ARRIVING IN
CANADA THAT
STUDENTS ARE
COVERED BY MSP
(MEDICAL
SERVICE PLAN) IN
BC.**

**MEDICAL
INSURANCE**

**IF A MEDICAL
EXPENSE ARISES A
STUDENT CAN BE
OUT THOUSANDS OF
DOLLARS IF THEY DO
NOT HAVE MEDICAL
INSURANCE.
PROTECT YOURSELF
BY MAKING SURE
YOU ALWAYS HAVE
VALID + PROPER
MEDICAL
INSURANCE.**



Request for leave

WHAT IS IT?



EXAMPLES OF AUTHORIZED LEAVE

STUDENTS CAN REQUEST A LEAVE FROM A PROGRAM/STUDIES AND STILL FULFILL THE REQUIREMENT OF ACTIVELY PURSUING THEIR STUDIES, IF THE LEAVE DOES NOT EXCEED 150 DAYS FROM THE DATE THE LEAVE STARTS AND IF THE DESIGNATED LEARNING INSTITUTE AUTHORIZES THE LEAVE. STUDENTS DO NOT HAVE TO ADVISE IRCC THAT THEY ARE TAKING A LEAVE, BUT IF REQUESTED, THEY MUST BE PREPARED TO PROVIDE PROOF THAT THE LEAVE WAS AUTHORIZED BY THE DLI AND THAT THE LEAVE DID NOT EXCEED 150 DAYS.

- **YOUR SCHOOL HAS AUTHORIZED A LEAVE FROM YOUR STUDY PROGRAM FOR:**
 - **MEDICAL REASONS OR PREGNANCY**
 - **FAMILY EMERGENCY**
 - **DEATH OR SERIOUS ILLNESS OF A FAMILY MEMBER**
 - **ANY OTHER TYPE OF LEAVE YOUR SCHOOL AUTHORIZES**
- **YOUR SCHOOL HAS CLOSED PERMANENTLY OR BECAUSE OF A STRIKE**
- **YOU'VE CHANGED SCHOOLS**
- **YOU OR YOUR SCHOOL DEFERRED YOUR PROGRAM START DATE**
 - **IN THIS CASE, YOU MUST START YOUR STUDIES THE NEXT SEMESTER, EVEN IF IT STARTS SOONER THAN 150 DAYS, AND GET AN UPDATED LETTER OF ACCEPTANCE.**

Remember:

YOU CAN'T WORK ON OR OFF CAMPUS DURING AN AUTHORIZED LEAVE FROM YOUR STUDY PROGRAM, EVEN IF YOUR STUDY PERMIT SAYS YOU'RE ALLOWED TO WORK IN CANADA.

IF STUDENTS DO NOT RESUME THEIR STUDIES WITHIN 150 DAYS, THEY MUST EITHER CHANGE THEIR STATUS TO VISITOR STATUS OR WORKING STATUS, OR LEAVE CANADA.

Challenges + Barriers

International Students can face



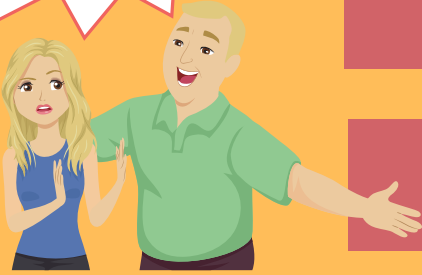
**HIGH COST OF LIVING
+ TUITION FEES**

**FINANCIAL
MANIPULATION**

**HARASSMENT IN THE
WORKPLACE**

EXPLOITATION

**WORK +
FINANCIAL**



**FEAR OF
DEPORTATION**

**ISSUES AROUND
WORK PERMITS**

**UNCLEAR LEAVE
PROVISIONS**

**LACK OF KNOWLEDGE OF THE
CANADIAN LEGAL SYSTEM**



LEGAL





**PROCESS OF ACCULTURATION
& LANGUAGE + CULTURE
BARRIERS**

**ISOLATION AND
HOMESICKNESS + STRUGGLING
WITH INDEPENDENCY**

**RACISM, HOMOPHOBIA,
TRANSPHOBIA, AND RACIAL
PROFILING**

SOCIAL



**LACK OF FRIENDS OR
SUPPORT NETWORK**

**STRESS + MENTAL HEALTH
ASSOCIATED MIGRATION
TRAUMA**



**SOCIAL EXCLUSION FROM
MAINSTREAM CANADIAN
SOCIETY & CAMPUS**



**REMEMBER YOU DO NOT HAVE TO FACE THESE
CHALLENGES ALONE. THERE IS SUPPORT,
RESOURCES AND HELP IN EVERY UNIVERSITY
AND COMMUNITY**

Consent



*(and why it's
so important)*

What is consent?

**CONSENT IS AN
ENTHUSIASTIC
FREELY GIVEN
AGREEMENT TO
ENGAGE IN SEXUAL
ACTIVITY**

**TO HELP US UNDERSTAND
MORE ABOUT CONSENT WE
CAN USE THE ACRONYM
"FRIES" WHICH WILL ACT
AS OUR CONSENT
CHECKLIST**



**#1 FREELY
GIVEN**



**#2
REVERSIBLE**

**#3
INFORMED**



FRIES

**#5
SPECIFIC**

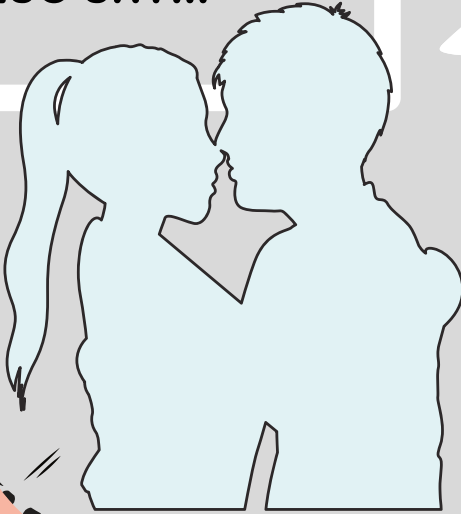
**#4
ENTHUSIASTIC**



**WHEN ASKING SOMEONE
FOR CONSENT YOU CAN
DIRECTLY SAY "DO YOU
CONSENT" BUT YOU CAN
ALSO SAY...**

**"ARE YOU
OKAY WITH
THIS"**

**"DOES
THIS FEEL
OKAY"**



**"MAY I KISS
YOU"
"DO YOU
LIKE IT
WHEN I ..."**

***To
Summarize***

...

**CONSENT
SHOULD NEVER
BE ASSUMED OR
IMPLIED, AND
CAN BE
WITHDRAWN AT
ANY TIME.**

**HAVING CONSENTED ON
A PREVIOUS OCCASION
DOES NOT CONSTITUTE
CONSENT TO ALL
FUTURE
SEXUAL CONTACT.**

**SILENCE OR THE
ABSENCE OF A VERBAL
'NO' DOES NOT
CONSTITUTE
CONSENT.**



**"MAYBE
ANOTHER
TIME"**

**WHEN SOMEONE SAYS NO
IT MEANS THEY DO NOT
CONSENT. HOWEVER,
THERE ARE OTHER WAYS
SOMEONE CAN SAY NO
SUCH AS.....**

**"I DON'T WANT TO"
"THIS DOESN'T FEEL
RIGHT"
"I'M UNCOMFORTABLE"
"STOP"**

**CONSENT CANNOT BE
GIVEN IF ...**

**A PERSON IS
IMPAIRED BY
ALCOHOL OR
DRUGS,
UNCONSCIOUS,
OR ASLEEP.**

**THE PERPETRATOR
INDUCES THE VICTIM
TO ENGAGE IN
SEXUAL ACTIVITY
BY ABUSING A
POSITION OF TRUST,
POWER, OR
AUTHORITY.**



Sexual Violence & Rape Culture



Sexual Violence

SEXUAL VIOLENCE IS AN UMBRELLA TERM FOR ANY NON-CONSENSUAL SEXUAL BEHAVIOUR, ACTIONS, OR THREATS THAT ARE UNWANTED.



SEXUAL ASSAULT:
ANY NON-CONSENSUAL SEXUAL CONTACT/ACTIVITY, INCLUDING THE THREAT OF SUCH ACTIVITY. IT CAN INVOLVE THE USE OF PHYSICAL FORCE, INTIMIDATION, COERCION, OR THE ABUSE OF A POSITION OF TRUST OR AUTHORITY.



PSYCHOLOGICAL

- FEAR + AGGRESSIVENESS
- FLASHBACKS + PHOBIA
- DIFFICULTY CONCENTRATING
- SELF-HARM + SUICIDAL THOUGHTS
- SUBSTANCE ABUSE
- FEELINGS OF GUILT, GRIEF + SHAME

WHEN SOMEONE EXPERIENCES SEXUAL VIOLENCE IT CAN HAVE MORE THAN JUST A PHYSICAL IMPACT. IT IS IMPORTANT TO KNOW THE PHYSICAL, PSYCHOLOGICAL, FINANCIAL + SOCIAL IMPACTS TO UNDERSTAND EVERYONE REACTS DIFFERENTLY AND YOU DO NOT HAVE TO FACE THIS ALONE

SOCIAL

- FEAR OF INTIMACY
- ISOLATED + LONELINESS
- DEPENDENT ON OTHERS FOR SUPPORT
- DISCOMFORT OF BEING TOUCHED

FINANCIAL

- JOB LOSS
- INABILITY TO WORK
- DISRUPTING THE ABILITY TO EARN INCOME DUE TO TIME OFF
- CHANGE IN WORK/SCHOOL PERFORMANCE

PHYSICAL

- PHYSICAL INJURIES
- EXHAUSTION
- MIGRAINES/NAUSEA
- TROUBLE SLEEPING
- HIGHER RISK SEXUAL BEHAVIOUR
- SEXUAL DYSFUNCTION
- UNPLANNED PREGNANCY



Sexual Violence +

International Students



International Students

- GIRLS AND YOUNG WOMEN BETWEEN THE AGES OF 15-24 ARE ESPECIALLY VULNERABLE TO SEXUAL ASSAULT
- WOMEN ACCOUNT FOR NINE OUT OF TEN POLICE REPORTED SEXUAL ASSAULTS IN CANADA
- PERSONAL EXPERIENCES OF UNWANTED SEXUALIZED BEHAVIOURS MORE COMMON FOR WOMEN STUDENTS

ARE PARTICULARLY VULNERABLE TO SEXUAL ASSAULT, BOTH ON AND OFF-CAMPUS, AND ARE MORE LIKELY TO BE TARGETED BECAUSE THEY MAY HAVE:

- LIMITED KNOWLEDGE OF CANADIAN CRIMINAL LAWS
- LANGUAGE BARRIERS
- TROUBLE IDENTIFYING SEXUAL VIOLENCE

women



- MORE THAN 80% OF RAPES THAT OCCUR ON CAMPUSES ARE COMMITTED BY SOMEONE KNOWN TO THE VICTIM /SURVIVOR, SUCH AS AN INTIMATE PARTNER
- A MAJORITY (71%) OF STUDENTS AT CANADIAN POSTSECONDARY SCHOOLS WITNESSED OR EXPERIENCED UNWANTED SEXUALIZED BEHAVIOURS IN A POSTSECONDARY SETTING IN 2019

On campus

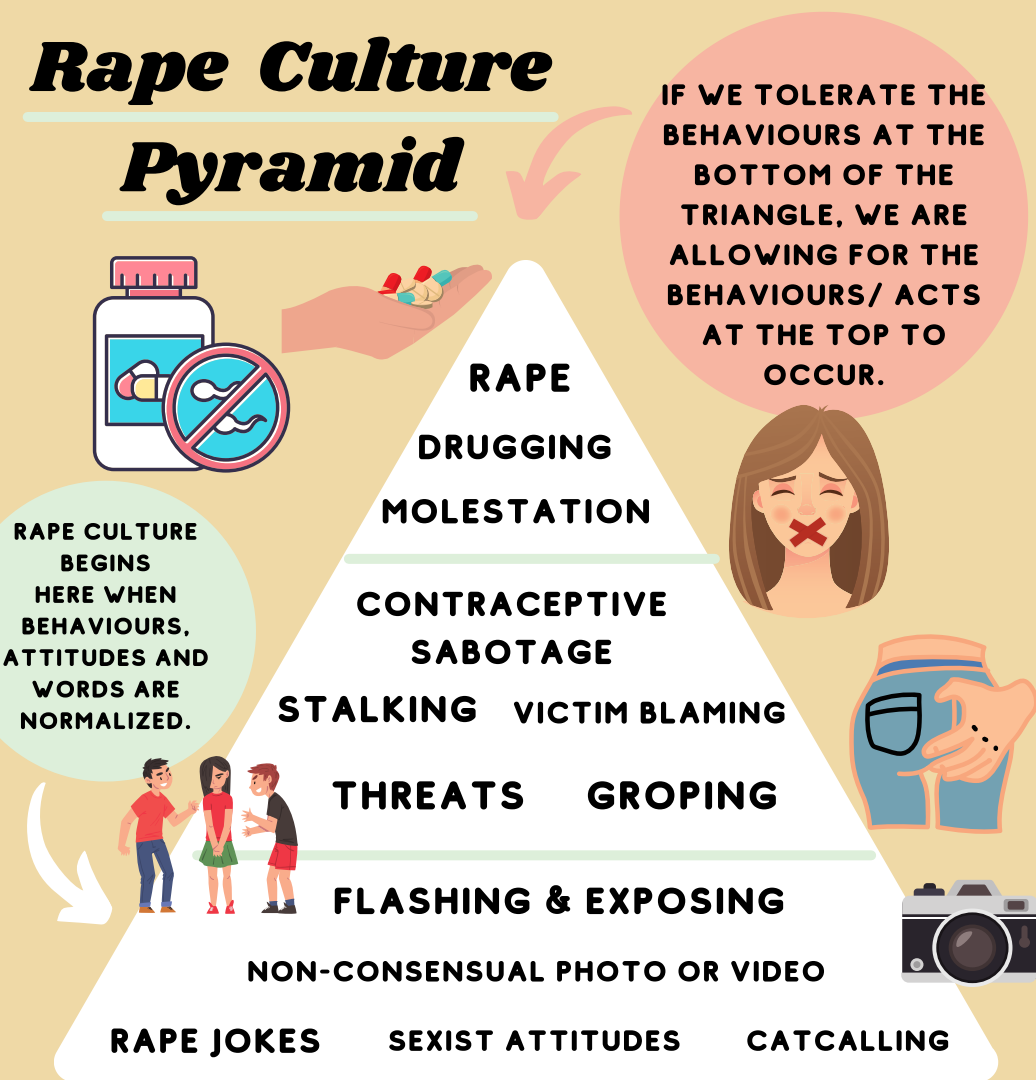


ALTHOUGH WOMEN ARE AT A HIGHER RISK OF SEXUAL VIOLENCE, IT CAN HAPPEN TO ANY GENDER AND THE OFFENDER CAN BE OF ANY GENDER. ALWAYS LISTEN AND SUPPORT YOUR FRIENDS AND PEERS.

Rape culture

**RAPE CULTURE IS A CULTURE THAT
NORMALIZES AND EXCUSES SEXUAL
VIOLENCE THROUGH ITS VALUES, BELIEFS
AND BEHAVIOURS.**

Rape Culture Pyramid



**BY ADDRESSING BEHAVIOURS AND ATTITUDES AT THE BASE
OF THE PYRAMID, BEHAVIOURS AT THE TOP OF THE PYRAMID
ARE LESS LIKELY TO MANIFEST.**

Debunking myths perpetuated by rape culture



MYTH #1

**WOMEN PROVOKE SEXUAL
ASSAULT BY HOW THEY
DRESS OR ACT. THEY'RE
INVITING SEXUAL VIOLENCE
AND ARE INCREASING THEIR
CHANCES OF BEING
SEXUALLY ASSAULTED.**

FACT #1

**THE OFFENDER
ALONE MAKES THE
CHOICE TO COMMIT
SEXUAL ASSAULT.
NO ONE IS EVER
"ASKING" FOR
SEXUAL VIOLENCE.
HOW SOMEONE ACTS
OR DRESSES IS NOT
AN INVITATION FOR
SEXUAL ACTIVITY
AGAINST THEIR WILL.**

MYTH #2

**ONLY STRANGERS
CAN COMMIT RAPE.
THEY ATTACK IN
DARK ALLEYS AND
IN PARKS.**



FACT #2

**THE MAJORITY OF SEXUAL ASSAULTS ARE COMMITTED BY
SOMEONE THE VICTIM/SURVIVOR KNOWS (A DATE,
ACQUAINTANCE, PARTNER, FRIENDS, CO-WORKER,
SPOUSES). VICTIMS/SURVIVORS ARE OFTEN ASSAULTED
IN PRIVATE RESIDENCES.**

FACT #3

VIOLENCE IS NEVER THE VICTIM/SURVIVOR'S FAULT. THERE IS NO SUCH THING AS VICTIM PRECIPITATED VIOLENCE.

VICTIMS/SURVIVORS ARE NOT RESPONSIBLE FOR THE ACTIONS OF THEIR ATTACKERS. ONLY PEOPLE WHO USE VIOLENCE ARE RESPONSIBLE.

MYTH #3

SOME VICTIMS OF DATING VIOLENCE OR SEXUAL ASSAULT PROVOKE VIOLENCE COMMITTED BY THEIR DATES BY MAKING THEM JEALOUS, ACTING MEAN, OR TEASING THEM INTO THINKING THEY WANT TO HAVE SEX.



FACT #4

A PERSON CANNOT CONSENT IF THEY ARE DRUGGED, INTOXICATED, OR UNCONSCIOUS. THE PERPETRATOR ALONE IS RESPONSIBLE FOR THEIR ACTIONS. MANY PERPETRATORS USE ALCOHOL AND DRUGS TO MAKE THEIR VICTIMS MORE COMPLIANT.

**MYTH #4
PEOPLE WHO DRINK
OR USE DRUGS ARE
“ASKING” TO BE
SEXUALLY
ASSAULTED.**



FACT #5

BEING IN ANY KIND OF RELATIONSHIP DOES NOT GIVE SOMEONE THE RIGHT TO FORCE SEX WITHOUT CONSENT. SEXUAL ASSAULT CAN OCCUR IN INTIMATE PARTNER RELATIONSHIPS. FRIENDLINESS, FLIRTATION, OR PAYING FOR DINNER ARE NOT INVITATIONS TO SEXUAL ACTIVITY. REGARDLESS OF THE RELATIONSHIP, SEXUAL ACTIVITY CANNOT BE ASSUMED.

MYTH #5

IF TWO PEOPLE ARE MARRIED, LIVING TOGETHER DATING, OR ON A DATE, CONSENT IS IMPLIED. ROMANTIC PARTNERS CANNOT SEXUALLY ASSAULT ONE ANOTHER.



Disclosing and Reporting



***Understanding
your Options and the
Legal System***



Disclosing vs. Reporting

IF YOU EVER EXPERIENCE SEXUAL VIOLENCE IT CAN SOMETIMES FEEL OVERWHELMING WHEN TRYING TO UNDERSTAND YOUR OPTIONS AND WHAT IS THE BEST CHOICE. THIS SECTION WILL DISCUSS YOUR OPTIONS SO YOU FEEL EDUCATED WHEN DECIDING WHAT TO DO.



Disclosing is ...

TELLING SOMEONE WHAT HAPPENED TO YOU. THIS MAY BE A FRIEND, CLASSMATE, OR TEACHER.



**2 OPTIONS
INCLUDE:**

DECIDING TO MAKE AN OFFICIAL OR FORMAL COMPLAINT TO THE AUTHORITIES WHICH GENERALLY INVOLVES AN INVESTIGATIVE PROCESS.

Reporting is...



Remember:

YOU ARE ABLE TO DISCLOSE A SEXUAL VIOLENCE INCIDENT WITHOUT REPORTING. YOU DO NOT HAVE TO REPORT TO GET HELP AND SUPPORT. REPORTING IS ONLY AN OPTION. HOWEVER, CERTAIN PEOPLE WITHIN AN INSTITUTION MAY BE REQUIRED TO REPORT IF SOMEONE DISCLOSES TO THEM.

Reporting

IF YOU HAVE DECIDED THAT REPORTING IS THE RIGHT OPTION FOR YOU, THERE ARE MANY DIFFERENT WAYS YOU CAN DO IT.

**REPORT TO
AN
INSTITUTION**

**THE STUDENT MAY WISH
TO MAKE A FORMAL
REPORT TO THE
INSTITUTION TO START A
STUDENT MISCONDUCT
PROCESS.**



REPORT TO THE POLICE



A VICTIM/SURVIVOR MAY WISH TO REPORT TO THE POLICE, IDEALLY ACCOMPANIED BY A SUPPORT WORKER FROM THE INSTITUTION OR A COMMUNITY-BASED VICTIM SERVICES. THEY CAN ALSO CHOOSE TO BRING A FRIEND (OR SOMEONE ELSE) FOR SUPPORT.

EMERGENCY - CALL 911

IF THERE IS AN IMMEDIATE RISK TO SOMEONE'S SAFETY OR HEALTH, CALL 911. IF THE SEXUAL ASSAULT IS IN-PROGRESS OR IT HAS JUST OCCURRED, CALL 911. TELL THE 911 DISPATCHER IF YOU WANT POLICE AND/OR AN AMBULANCE. MULTIPLE LANGUAGES AVAILABLE VIA INTERPRETERS. STATE THE ENGLISH WORD FOR THE LANGUAGE NEEDED.

NON-EMERGENCY

IF SEXUAL ASSAULT HAD OCCURRED SOME TIME AGO AND THERE IS NO IMMEDIATE SAFETY RISK TO THE VICTIM/SURVIVOR OR THE GENERAL PUBLIC, THE VICTIM/SURVIVOR CAN ATTEND OR CALL THE NON-EMERGENCY LINE FOR THE POLICE IN THE CITY WHERE THE SEXUAL ASSAULT OCCURRED.

**ONCE YOU
COMPLETE
THE INITIAL
REPORT TO
THE POLICE**



POLICE WILL TAKE A STATEMENT FROM THE VICTIM/ SURVIVOR, AS WELL AS FROM ANY WITNESSES AND/OR THOSE WHO ARE ALSO AWARE OF THE INCIDENT. THE POLICE WILL GATHER AS MUCH EVIDENCE AS POSSIBLE, INCLUDING PHYSICAL EVIDENCE FROM THE SCENE OF THE ASSAULT AS WELL AS THE MEDICAL FORENSIC EVIDENCE FROM THE VICTIM/SURVIVOR IF APPLICABLE.

TO COLLECT EVIDENCE, THE POLICE MAY ADVISE THAT THE VICTIM/ SURVIVOR DO NOT:

- **SHOWER OR BATHE**
- **WASH OR COMB THROUGH HAIR**
- **CHANGE OR THROW AWAY THE CLOTHES THAT WERE WORN AT THE TIME OF THE SEXUAL ASSAULT**
- **DISTURB THE SCENE OF THE SEXUAL ASSAULT**
- **BRUSH TEETH OR USE MOUTH WASH**



**COLLECTING
EVIDENCE**



HOWEVER, THE VICTIM SHOULD NOT BE DISCOURAGED FROM REPORTING SEXUAL ASSAULT EVEN IF THEY HAVE DONE ONE OR EVEN ALL OF THE ABOVE ACTIONS. POLICE CAN STILL COLLECT EVIDENCE AND CONDUCT AN INVESTIGATION REGARDLESS.

Medical Procedures

IT IS RECOMMENDED FOR A SEXUAL ASSAULT SURVIVOR TO SEEK MEDICAL ATTENTION AFTER THE ASSAULT. NOT ALL SIGNS/SYMPTOMS REQUIRING MEDICAL ATTENTION ARE IMMEDIATELY VISIBLE. INJURIES COULD ALSO BE INTERNAL AND NOT IMMEDIATELY OBVIOUS, FOR EXAMPLE, STRANGULATION INJURY. IF THE SURVIVOR EXPERIENCED STRANGULATION DURING THE ASSAULT, IT IS CRITICAL TO RECEIVE MEDICAL ATTENTION, EVEN IF SEVERAL DAYS HAVE PASSED. ALSO, SOME WOMEN MAY NOT HAVE CONSIDERED THE POSSIBILITIES OF SEXUALLY TRANSMITTED INFECTIONS (STIS) OR PREGNANCY.

Medical Options



MEDICAL EXAM AND FORENSIC EXAM - STORED EVIDENCE (NO REPORT)

- A MEDICAL EXAM AND FORENSIC EXAM IS DONE
- ANY FORENSIC SAMPLES THAT ARE COLLECTED WILL BE STORED UP TO 1 YEAR
- THE FORENSIC DOCUMENTATION WILL BE STORED INDEFINITELY. IT CAN BE GIVEN TO POLICE IF YOU LATER DECIDE TO REPORT THE INCIDENT

MEDICAL EXAM

- MEDICAL EXAM AND CARE IS PROVIDED
- FORENSIC EVIDENCE IS NOT COLLECTED AND FORENSIC DOCUMENTATION IS NOT DONE
- YOU CAN RETURN TO THE FORENSIC NURSING SERVICE WITHIN 7 DAYS OF THE INCIDENT IF YOU DECIDE YOU WOULD LIKE A FORENSIC EXAM

MEDICAL EXAM AND FORENSIC EXAM - REPORTED TO POLICE

- FORENSIC EVIDENCE IS COLLECTED AND SUBMITTED TO POLICE
- THE FORENSIC DOCUMENTATION WILL BE GIVEN TO POLICE
- ANY FORENSIC SAMPLES THAT ARE COLLECTED WILL BE GIVEN TO POLICE
- THE HOSPITAL DOES NOT TEST FORENSIC SAMPLES - POLICE ARE RESPONSIBLE FOR THE TESTING OF FORENSIC SAMPLES

FORENSIC MEANS: SCIENTIFIC TESTS OR TECHNIQUES USED IN CONNECTION WITH THE DETECTION OF CRIME.

Third-Party Reporting (TPR)

IF YOU ARE A VICTIM OF A SEXUAL OFFENCE IN BRITISH COLUMBIA AND ARE 19 OR OLDER, YOU MAY BE ABLE TO REPORT THE CRIME THROUGH A THIRD PARTY SO YOU REMAIN ANONYMOUS TO THE POLICE



WHEN SOMEONE ELSE REPORTS THE CRIME TO THE POLICE. IT ALLOWS VICTIMS WHO DO NOT WANT TO REPORT THE CRIME DIRECTLY TO ENSURE POLICE RECEIVE A REPORT ABOUT THE CRIME.

HOW IT WORKS

Remember

ONLY VICTIM SERVICE WORKERS IN COMMUNITY-BASED VICTIM SERVICE PROGRAMS (NOT POLICE BASED) CAN FILE THIRD PARTY REPORTS.

**FIRST STEP:
TELL A
COMMUNITY-
BASED VICTIM
SERVICE
PROGRAM THE
DETAILS OF THE
CRIME.**

**THE
COMMUNITY-
BASED VICTIM
SERVICE
PROGRAM IS THE
THIRD PARTY .**

**ONCE THE THIRD
PARTY FILES THE
REPORT ON YOUR
BEHALF, POLICE
EVALUATE THE
FACTS, START AN
INVESTIGATION AND
TAKE OTHER
ACTIONS THAT ARE
APPROPRIATE**

**THEY WILL THEN
WORK WITH
POLICE
WITHOUT
GIVING THEM
YOUR PERSONAL
INFORMATION**

Understanding Canadian Legal Proceedings for Sexual Assault



CRIMINAL PROCEEDINGS

ONCE BROUGHT TO THE ATTENTION OF THE POLICE, AN INVESTIGATION CAN BEGIN. IF THERE IS ENOUGH EVIDENCE FOR CHARGES TO BE LAID THE OFFENDER CAN POTENTIALLY BE CHARGED + CONVICTED BY THE COURT SYSTEM. IF THE OFFENDER IS FOUND GUILTY THEY MAY HAVE TO SERVE TIME IN PRISON.



ALLOWS THE VICTIM / SURVIVOR TO RECEIVE MONETARY COMPENSATION FROM THE PERPETRATOR FOR THE DAMAGES THEY CAUSED. A VICTIM/SURVIVOR MAY SUE THE PERPETRATOR IN CIVIL COURT REGARDLESS OF WHETHER OR NOT THE SEXUAL ASSAULT WAS REPORTED TO THE POLICE.

CIVIL PROCEEDINGS



NOTE: A VICTIM MAY PURSUE A CRIMINAL PROSECUTION FOR SEXUAL ASSAULT IN ADDITION TO A CIVIL PROCEEDING.

Protection Orders

**IF YOU ARE AFRAID
THAT A SPECIFIC
INDIVIDUAL MAY
HARM YOU, YOU
MAY WANT TO
CONSIDER
APPLYING FOR A
PROTECTION ORDER**



**A PROTECTION ORDER IS
A COURT ORDER MADE BY
A JUDGE TO HELP
PROTECT ONE PERSON
FROM ANOTHER. A
PROTECTION ORDER
LISTS CONDITIONS FOR
A NAMED INDIVIDUAL TO
FOLLOW THAT MAY
REQUIRE THAT
INDIVIDUAL TO HAVE NO
CONTACT, OR LIMITED
CONTACT, WITH THE
PERSON BEING
PROTECTED.**

**NOT GOING TO THE
PROTECTED
PERSON'S HOME OR
WORKPLACE, NO
PHONE CALLS,
EMAILS, OR LETTERS,
AND NO MESSAGES
THROUGH A FRIEND
OR RELATIVE.**

**CONDITIONS
MAY
INCLUDE:**

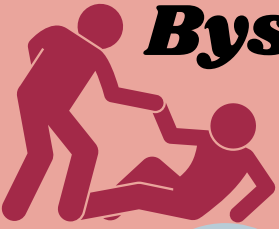
**FOR MORE INFO VISIT
[HTTPS://WWW2.GOV.BC.CA/G
OV/CONTENT/SAFETY/CRIME-
PREVENTION/PROTECTION-
ORDER-REGISTRY/QA](https://www2.gov.bc.ca/gov/content/safety/crime-prevention/protection-order-registry/qa)**

Being an Active Bystander



Being an Active

Bystander



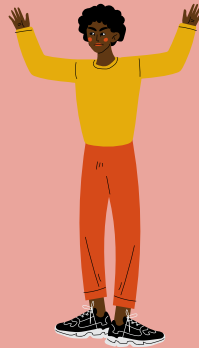
**THERE ARE TWO
WAYS WE CAN BE
AN ACTIVE
BYSTANDER**

**AN ACTIVE BYSTANDER IS
SOMEONE WHO SAFELY AND
APPROPRIATELY
INTERVENES AND SUPPORTS
THOSE IMPACTED BY
THREATENING/
INAPPROPRIATE BEHAVIOUR
AND COMMENTS**

#1 Non-verbal

**LET THE PERSON
EXPERIENCING
VIOLENCE KNOW
YOU ARE THERE**

**INTERVENING WITHOUT
SAYING ANYTHING**



**"EXCUSE ME, CAN
YOU TELL ME WHAT
TIME IT IS?"**

#2 Verbal

**VERBALLY
INTERRUPTING
THE BEHAVIOUR**



**BEING AN ACTIVE
BYSTANDER DOESN'T
HAVE TO BE A
DIFFICULT PROCESS.**

**SIMPLY CHECKING
IN CAN STOP THE
MOMENTUM OF
SOMETHING BAD
HAPPENING!**

Steps to follow:

- **NOTICE THE SITUATION:**
 - **BE AWARE OF WHAT IS GOING ON AROUND YOU**
- **INTERPRET IT AS A PROBLEM:**
 - **LISTEN TO YOUR INNER ALARM**
- **FEEL RESPONSIBLE TO ACT:**
 - **YOU ARE PART OF THE SOLUTION**
- **KNOW HOW TO INTERVENE:**
 - **EDUCATE YOURSELF ON WHAT YOU WOULD DO**
- **INTERVENE SAFELY:**
 - **TAKE ACTION IN A WAY THAT FEELS SAFE**

A STUDY FOUND THAT MOST STUDENTS CHOSE NOT TO INTERVENE, SEEK HELP OR TAKE OTHER ACTION IN AT LEAST ONE INSTANCE WHEN THEY WITNESSED UNWANTED SEXUALIZED BEHAVIOURS, INCLUDING 91% OF WOMEN AND 92% OF MEN WHO WITNESSED SUCH BEHAVIOURS. MANY WOMEN DID NOT ACT BECAUSE THEY FELT UNCOMFORTABLE (48% OF THOSE WHO DID NOT ACT), BECAUSE THEY FEARED NEGATIVE CONSEQUENCES (28%), OR BECAUSE THEY FEARED FOR THEIR SAFETY (18%)



**REMEMBER, THE MORE
YOU PRACTICE BEING AN
ACTIVE BYSTANDER THE
MORE COMFORTABLE
YOU WILL BE AT IT.**



Tech



**TECHNOLOGY FACILITATED VIOLENCE
IS WHEN TECHNOLOGY IS MISUSED BY
AN ABUSIVE PARTNER TO COMMIT
CRIMES SUCH AS DOMESTIC VIOLENCE,
CRIMINAL HARASSMENT COMMONLY
KNOWN AS STALKING, SEXUAL
VIOLENCE, IMPERSONATION AND
HARASSMENT**

**HARASSMENT, THREATS
AND CRIMINAL
HARASSMENT, ARE THE
MOST COMMON
EXPERIENCED FORMS OF
TECHNOLOGY
FACILITATED VIOLENCE
BY WOMEN.**



92%

HARASSMENT

91%

THREATS

81%

**CRIMINAL
HARASSMENT**

THE MAJORITY OF PEOPLE WHO SHARE NUDE OR SEMI NUDE IMAGES OR VIDEOS WITH ANOTHER PERSON DO SO WITH CONSENT.



THIS MEANS THAT THE PERSON WHO IS NUDE OR SEMI NUDE IN THE PHOTO/ VIDEO AGREES TO SEND THE IMAGE TO A SPECIFIC PERSON WITH THE ASSUMPTION THAT THE RECEIVER IS NOT GOING TO SHARE IT WITH ANYONE ELSE.



NUDE AND SEMI NUDE PHOTOS AND VIDEOS BECOME ILLEGAL IN CANADA WHEN IT IS SHARED OR DISTRIBUTED WITHOUT CONSENT.



Tips to stay more safe when taking images and videos



**DON'T WEAR OR
HAVE IDENTIFYING
CLOTHING IN THE
BACKGROUND**

**DON'T
INCLUDE YOUR
FACE IN THE
PHOTO OR
VIDEO**



**LOCK YOUR PHONE
AND PASSWORD
PROTECT ANY FILE
APPS**

**HAVE A
NEUTRAL
BACKGROUND**

**TRY NOT TO CAPTURE ANY
IDENTIFYING TATTOOS,
BIRTH MARKS OR JEWELRY**



**REMEMBER YOU ARE NOT TO
BLAME IF ANY OF YOUR
PHOTOS/VIDEOS ARE
DISTRIBUTED WITHOUT YOUR
CONSENT**





Relationships & Gender- Based Violence



GOOD COMMUNICATION

COMFORT



TRUST

**BEING
YOURSELF**



**SEXUAL
RESPECTFULNESS**

***In a healthy
relationship
there should
be...***

HUMILIATION

CONTROL

DISRESPECT



**PHYSICAL
ABUSE**

***Signs of an
Unhealthy
Relationships***



DEPENDENCE

**SEXUAL
ABUSE**



EQUALITY



Gender-Based Violence(GBV)

GENDER-BASED VIOLENCE IS VIOLENCE DIRECTED AGAINST A PERSON BECAUSE OF THEIR GENDER. BOTH WOMEN AND MEN EXPERIENCE GENDER-BASED VIOLENCE, BUT THE MAJORITY OF VICTIMS ARE WOMEN.



**SOME
SIGNS OF
GBV
INCLUDE:**

- **PSYCHOLOGICAL + FINANCIAL ABUSE**
- **THREATS, STALKING + INTIMIDATION**
- **PROPERTY DAMAGE**
- **PHYSICAL, SEXUAL + EMOTIONAL VIOLENCE**
- **MISUSE OF TECHNOLOGY**
- **VIOLENCE TOWARDS PETS**



**WOMEN
ACCOUNTED FOR
ALMOST 8 IN 10
VICTIMS (79%) OF
INTIMATE PARTNER
VIOLENCE**

Additional Complexities for International Students Experiencing GBV

- BEING EMBARRASSED,
ASHAMED & HUMILIATED
- FEAR OF BEING BLAMED
- FEAR FOR ONE'S SAFETY
- FEAR OF GOSSIP,
JUDGEMENT OR ANGER
- FEELING CONFLICTED
- FEAR OF THE RESPONSE
FROM POLICE OR THE
CRIMINAL JUSTICE SYSTEM
- LOSS OF IMMIGRATION
STATUS OR LEGALLY
BOUND TO PARTNER
- LACK OF COMMUNITY
SUPPORT



REMEMBER, IF YOU ARE EVER IN AN UNHEALTHY RELATIONSHIP OR EXPERIENCING GENDER-BASED VIOLENCE THERE ARE RESOURCES, SUPPORTS AND WORKERS HERE TO HELP YOU. YOU CAN STAY ANONYMOUS IF YOU FEAR FOR YOUR SAFETY OR DO NOT WANT TO IDENTIFY YOURSELF.



Safety Planning

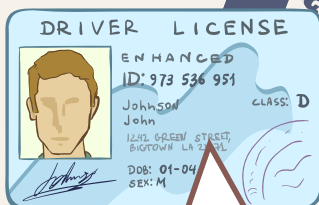


CREATING AN EMERGENCY PLAN

***Follow these steps to be
prepared if you ever need to
leave an unsafe environment***

Step 1

**MAKE A PHOTOCOPY
OF YOUR IMPORTANT
DOCUMENTS - KEEP
THEM AWAY FROM
THE ORIGINALS IN A
SAFE PLACE**



Step 2

**MAKE SURE YOUR
WALLET HAS YOUR:
BANK CARDS, HEALTH
CARDS, CREDIT CARDS,
ID**



Step 3

**KEEP THESE IN YOUR
BAG:
KEYS, EXTRA MEDICATION,
CELL PHONE, EMERGENCY
MONEY IN AN ENVELOPE.**

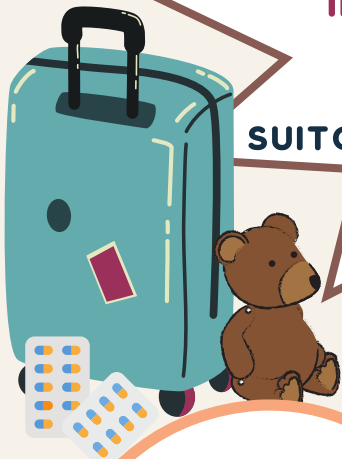


Step 4

**KEEP THESE ITEMS NEARBY SO THEY
CAN BE EASILY PACKED:**

IMPORTANT MEDICATION
SENTIMENTAL ITEMS
COMFORT ITEMS

SUITCASE(S) YOU CAN EASILY PACK



Other important things to plan for:

**SET ASIDE MONEY FOR A TAXI/
TRANSPORTATION SO YOU CAN LEAVE EASILY**
**IF YOU SHARE A BANK ACCOUNT, OPEN A NEW
ONE IN YOUR NAME**

**GIVE YOUR FRIENDS/FAMILY YOUR EXTRA
MONEY, KEYS, DOCUMENTS THAT THEY CAN
SAFELY KEEP AT THEIR HOUSE**

**PRACTICE YOUR ESCAPE PLAN SO YOU
ARE PREPARED WHEN/IF YOU NEED TO
USE IT**



Transition Houses

**IF YOU ARE EXPERIENCING OR ARE AT RISK
OF VIOLENCE STAYING AT A TRANSITION
HOUSE CAN BE A GREAT OPTION**



Most Transition Houses offer:

**COUNSELLING
LEGAL SERVICES
INCOME ASSISTANCE
VICTIM SERVICES WORKER
SAFETY PLAN**



**A FULL LIST OF ALL THE TRANSITION HOUSES IN
BRITISH COLUMBIA CAN BE FOUND AT
[BCHOUSING.ORG/HOUSING-
ASSISTANCE/WOMEN-FLEEING-
VIOLENCE/TRANSITION-HOUSES-SAFE-HOMES](https://bchousing.org/housing-assistance/women-fleeing-violence/transition-houses-safe-homes)**



Community Resources

Emergency Numbers

**POLICE/EMERGENCY (24/7)
911**

**VICTIMLINK (24/7)
(MULTILINGUAL)
1-800-563-0808**

Crisis Lines

**SUICIDE CRISIS LINE BC (24/7)
1-800-784-2433**

**MENTAL HEALTH SUPPORT LINE
310-6789**

Community Based Victim Services

**MOSAIC (VANCOUVER)
236-512-6170**

**VLMFSS (VANCOUVER)
604-436-1025**

**WAVAW (VANCOUVER)
604-255-6344**

**CHINESE COMMUNITY
POLICING CENTRE (VAN)
604-688-5030**

**HOLLYBURN FAMILY
SERVICES SOCIETY (NORTH
VANCOUVER)
778-855-4566**

**FSGV (BURNABY, NEW
WEST, RICHMOND)
604-731-4951**

**SURREY WOMEN'S CENTRE
SOCIETY (SURREY)
604-589-1868**

**ARCHWAY COMMUNITY
SERVICES (ABBOTSFORD +
MISSION)
604-859-7681**

Stopping the Violence Counselling / Outreach

**MOSAIC (VANCOUVER)
236 -512 -6170**

**WAVAW (VANCOUVER)
877-392-7583**

**FSGV (VANCOUVER,
RICHMOND, NEW WEST)
604-874-2938 X 4141**

**FAMILY SERVICES OF THE
NORTH SHORE (NORTH VAN)
604-988-5281**

**DIXON TRANSITION SOCIETY
(BURNABY)
604-298-2549**

**BURNABY FAMILY LIFE
INSTITUTE (BURNABY)
604-659-2200**

**CHIMO CRISIS SERVICES
(RICHMOND)
604-279-7077**

**DIVERSECITY (SURREY)
604-597-0205**

**SARA FOR WOMEN
(ABBOTSFORD + MISSION)
604-855-3363**

Transition Houses

VANCOUVER RAPE RELIEF

604-872-8212

SALVATION ARMY - KATE

BOOTH HOUSE

(VANCOUVER)

604-872-7774

SAGE TRANSITION HOUSE

(NORTH VANCOUVER)

604-987-3374

DIXON HOUSE (BURNABY)

604-298-3454

MONARCH PLACE (NEW

WESTMINSTER)

604-521-1888

CYTHERA TRANSITION HOUSE

(MAPLE RIDGE)

604-467-9966

DURRANT HOUSE (SURREY)

604-531-4430

EVERGREEN TRANSITION

HOUSE (SURREY)

604-584-3301

MISSION TRANSITION HOUSE

604-826-7800

MIZPAH TRANSITION HOUSE

(DAWSON CREEK)

250-782-9176

CASTLEGAR SAFE HOME

1-888-353-2273

Legal Resources

MOAIC LEGAL ADVOCACY

PROGRAM (VANCOUVER)

604-254-9626

BWSS LEGAL SERVICES

(VANCOUVER)

604-687-1867

RISE LEGAL CLINIC

(VANCOUVER)

236-317-9000

DIAL-A-LAW

1-800-565-5297

ACCESS PRO BONO

1-800-663-1919

LEGAL AID BC

1-866-577-2525

SOURCES LEGAL RESOURCE

CENTRE (SURREY)

778-565-3638

THE LEGAL SERVICES

SOCIETY OF BC (LSS)

604-408-2172

Medical Resources

HEALTHLINK BC (24/7)

811

BC WOMEN'S HOSPITAL +

HEALTH CENTRE

(VANCOUVER)

604-875-2022 (ABORTION &

CONTRACEPTION)

FORENSIC NURSING SERVICES

604-953-4723 (SURREY)

604-851-4700 (ABBOTSFORD)

EMBRACE CLINIC - (FREE

MEDICAL CARE FOR

SURVIVORS OF VIOLENCE)

604-807-5406

REMEMBER, YOU CAN ALWAYS

CALL 211 IF YOU ARE UNSURE

OF WHAT SERVICES ARE

AVAILABLE IN YOUR

COMMUNITY



Educational Institutions - Vancouver + Lower Mainland

University of British Columbia

AMS SEXUAL ASSAULT
SUPPORT CENTRE
604-827-5180
COUNSELLING SERVICES
604-822-3811
CAMPUS SECURITY
604-822-2222

Simon Fraser University

SEXUAL VIOLENCE SUPPORT &
PREVENTION OFFICE
778-782-7233
COUNSELLING SERVICES
[HTTPS://WWW.SFU.CA/STUD
ENTS/HEALTH/SEE-A-
COUNSELLOR.HTML](https://www.sfu.ca/students/health/see-a-counsellor.html)
CAMPUS SECURITY
778-782-4500

British Columbia Institute of Technology

COUNSELLING SERVICES
604-432-8608
STUDENT HEALTH SERVICES
604-432-8608
CAMPUS SECURITY
604-451-6856

Langara College

COUNSELLING SERVICES
604-323-5221
HEALTH SERVICES
604-323-5256
SEXUAL RESPECTFULNESS
AMBASSADORS
[HTTPS://LANGARA.CA/STUD
ENT-SERVICES/SEXUAL-
VIOLENCE-SUPPORT-
EDUCATION/TAKE-
ACTION/SRAS.HTML](https://langara.ca/student-services/sexual-violence-support-education/take-action/sras.html)
CAMPUS SECURITY
604-562-1011

Capilano University

STUDENT RIGHTS AND
RESPONSIBILITIES ADVISOR
604-986-1911, EXT. 3578
COUNSELLING SERVICES
604-984-1744
CAMPUS SECURITY
604-984-1763

Douglas College

COUNSELLING SERVICES
604-777-6185
SECURITY (NEW WEST)
604-527-5405
SECURITY (COQUITLAM)
604-777-6254

Vancouver Community College

COUNSELLING SERVICES
604-871-7000
SECURITY
604-871-7000 EXT. 4444

Educational Institutions

University of the Fraser Valley

COUNSELLING SERVICES

604-854-4528

INTERNATIONAL STUDENTS

604-854-4544

**PEER RESOURCE + LEADERSHIP
CENTRE**

604-504-7441 EXT. 4823

CAMPUS SECURITY

1-855-239-7654

Kwantlen Polytech University

COUNSELLING SERVICES

604-599-2828

PEER SUPPORT CENTRE

PEERSUPPORT@KUSA.CA

SECURITY SERVICES

TECH 604-574-2840

LANGLEY 604-514-0297

RICHMOND 604-244-0130

SURREY 778-578-6312

CIVIC PLAZA

604-598-5276

Selkirk College

COUNSELLING SERVICES

250-304-6501

OPTIONS CLINIC

250-304-8382

CASTLEGAR SECURITY

250-304-5590

NELSON SECURITY

250-551-3327

Northern Lights College

COUNSELLING SERVICES

KEEP.MESAFE APP

1-844-451-9700

DAWSON CREEK SECURITY

250-784-8202

DUTY MANAGER (24HRS)

250-784-7610



**FOR MORE INFORMATION
CONTACT US AT:**

**5575 BOUNDARY ROAD
VANCOUVER, B.C. V5R 2P9**

604-254-9626

INFO@MOSAICBC.ORG

WWW.MOSAICBC.ORG

