



# MOSAIC

Engaging Newcomers, Enriching Communities

MOSAIC is a non-profit organization and registered charity serving immigrants and newcomers since 1976. Today, we offer comprehensive services for Canadian citizens, newcomers, refugees, immigrants, and temporary foreign workers at multiple locations throughout Metro Vancouver.



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Immigration, Refugees  
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**TRANS CARE BC**  
Provincial Health  
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**RAINBOW**  
FOUNDATION OF HOPE

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*Reach out to us!*



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# I BELONG

*Engaging 2SLGBTQIA+ individuals and  
providing free settlement supports*



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## I Belong Settlement Support

We provide free assistance with settlement needs of 2SLGBTQIA+ individuals, giving accurate and up to date information.

We can help:

- create plans, processes, and keep track of settlement needs.
- provide guidance about self-care, developing social and emotional skills.
- help volunteer and join community events.
- provide support in accessing community resources.



### Our services include:



Finding employment through referrals to employment programs



Navigating the health care system



Completing applications (ie. Citizenship)



Accessing government supports (ie. income/rental assistance)



Navigating the challenging housing system



Understanding life in Canada (ie. Banking, education etc.)



Connecting with other community services and groups (ie. Language classes, 2SLGBTQIA+ services)



Provide emotional and social support

## I Belong Peer Café

Meet new people, make friends, and participate in fun activities facilitated by the 2SLGBTQIA+ support worker. Connect in a safe space to celebrate diversity, share experiences and learn about community resources. The support worker plays a vital role in facilitating the activities and ensuring that everyone feels included and respected, creating an atmosphere where individuals can freely express themselves, fostering an environment of acceptance and understanding.

### Counselling Sessions

Connect with 2SLGBTQIA+ experienced clinical counsellors to navigate personal, emotional, or psychological challenges, foster self-awareness, reduce anxiety, improve self-esteem, enhance personal growth and well-being. The counsellor employs various therapeutic techniques and strategies to help individuals develop coping mechanisms, manage stress, and build resilience. Group and one to one sessions are available.

### Beyond Borders & Binaries (BBB) Support Group

Meet with other transgender, non-binary, and gender diverse newcomers. BBB support group is facilitated by community members with lived experience in collaboration with registered clinical counselors. Participants can learn about community resources, share experiences, and find support in a space that is understanding and safe for transgender, non-binary, and gender diverse newcomers.